

You have just had a **TB TEST** (or intradermal tuberculin injection). This test allows us to assess your body's defences against the tuberculosis bacillus, to detect any Latent Tuberculosis Infection (LTBI) and to decide whether any preventive treatment is necessary.

You will need to follow a few instructions until the test results are assessed in order not to distort the results.

For your information:

As the test results can only be assessed 72 hours after the injection, there is no need to worry about any change in the size of the induration over the first 48 hours. This assessment will be carried out by a doctor or a nurse.

Although the TB test does not give you a temperature or cause any tiredness, on the other hand a rash may appear, and there may also be some itching.

Please follow these instructions:

- Remove the dressing approximately 30 minutes after the injection
- Do not scratch the injection zone - if it itches, pass your arm under cold water
- Do not apply anything to the injection site (corticoid-based cream, antiseptic, scrub, etc.)

THE SYMPTOMS OF TUBERCULOSIS

General signs:

- Sweating at night
- Temperature
- Deterioration of your general health:
 - ✓ weight loss
 - ✓ loss of appetite
 - ✓ intense tiredness

Pulmonary signs:

- Coughing up blood
- A persistent cough for 2 to 3 weeks in spite of medical treatment
- Thoracic pain

These various symptoms may be signs that you have tuberculosis, so please do not hesitate to get in touch with either your GP or the CLAT if you show one or more of these signs.

Treatments which reduce immunity, such as long-acting corticotherapy (more than 10 mg per day) or an anti-TNF treatment (Enbrel®, Rémicade®, Humira®, etc.), can increase the risk of tuberculosis.

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