Information booklet

Centre de Lutte Anti-Tuberculeuse (CLAT)

Coordinator: Prof. Pascal DEMOLY

# Latent tuberculosis infection

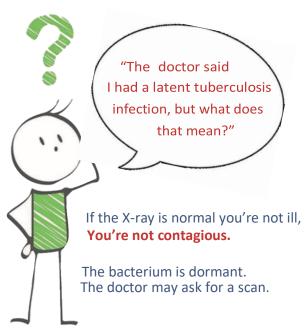




#### Montpellier Teaching Hospital Arnaud de Villeneuve Hospital

Pôle Coeur-Poumons 371, Avenue du Doyen Gaston Giraud 34295 Montpellier cedex 5 - www.chu-montpellier.fr

**CLAT**: Phone: 04 67 33 60 84- Fax: 04 67 33 22 75 *clat@chu-montpellier.fr* 



Having treatment may mean the illness doesn't develop.

The treatment will last for 3 months and it's not urgent. It will be started when you're ready, because you need to commit to taking the medication every morning and to be monitored by the medical team.

#### The monitoring consists of:

 A blood test before starting the treatment to check that your body will tolerate it.

You will need another blood test (only one test tube) after the treatment begins, and then before each monthly consultation at the CLAT.

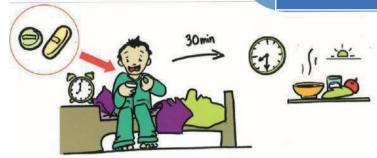
• One monthly consultation with the doctor.

Taking the treatment regularly every morning, for 3 months. It consists of two antibiotics.



The CLAT provides the medical monitoring, and this is free for people not covered by social security.

#### The treatment



- 1. Take the medication when you wake up, on an empty stomach.
- 2. Wait 30 minutes before eating.



- 3. Eat normally during the day
- 4. Drinking alcohol is dangerous
- 5. Don't eat anything during the night.

## The main side effects





6. Orange 8. The Pill no longer urine protects you

- Your tears and urine turn orange;
- The contraceptive pill stops working;
- Risk of impaired liver function;
- Digestive troubles at start of treatment;
- In rare case, may cause skin rashes.

If the side effects get worse, contact the CLAT.

### If a treatment is not prescribed

• The bacteria will remain dormant in the body and may develop, leading you to become ill (usually within the first two years).

In this case, you will be offered an X-ray every 6 months for a period of two years.

If the symptoms of the illness appear (fever, cough, losing weight, night sweats, or coughing up mucus) you must see your doctor rather than waiting for your next X-ray appointment.



Fever Cough Losing weight

#### **Contacts**

At the Arnaud de Villeneuve Hospital, Pneumology Department.

Pr Pascal Demoly (Department coordinator)

Dr Jean-Pierre Marty (Pneumologist)

**Dr Catherine CORBEAU** (Public Health Doctor)

Adeline SAGNAT, Laetitia BELET (Nurses)

Secretariat: Sylviane BOULOUYS: 04 67 33 60 84

Fax: 04 67 33 22 75

Email: clat@chu-montpellier.fr

**Opening days:** 

Monday to Friday

**Opening hours:** 

8.30am – 12.30pm

2.00pm - 4.00pm

Medical consultation days:

Mondays, Tuesdays, Thursday mornings, by appointment only

